

The DVD produced for The Hidden Side of Stroke is designed to be used in small group learning settings. These guidance notes are to ensure that the DVD is delivered in line with good educational practice and that the participants have the best learning experience.

### **Who would be a suitable facilitator?**

A facilitator needs to have:

- Health or social care training
- Knowledge and skills at a basic or factual level (as defined by the Stroke Specific Educational Framework <http://ukfst.org.roleprofiles/>) of stroke assessment, treatment, specialist rehabilitation, long term care, review, and participation in community.
- A grasp of the main concepts within the learning package
- Experience of self directed and reflective learning
- Facilitating learning in small groups

### **Group size**

This training works best for small groups, ideally no more than eight people.

### **What you will need**

You will need a DVD player and TV screen that everyone can see. If using a computer then the group size should be smaller so everyone can have a good view and the screen needs to be a suitable size. An electronic notebook or similar size screen is not acceptable.

You will also need to be able to use a computer to access the website on completion of the two modules to obtain a certificate for each person's learning portfolio.

### **Time**

The learning is divided in to two modules.

The training should be carried out over two sessions, with a short period of time between, for example one week. You will need to allocate one hour for each session. Each module will take about 45 minutes to complete but allow time for discussion and setting up.

### **Format for each session**

- First session: play the introduction, meet the stroke survivors and module one.
- Second session: play module two.

Pause the DVD at the question and answers screen to answer the questions and allow for discussion.

Discussion should be practical and focused on examples of stroke survivors known to people, and their care. All participants should be encouraged to contribute to the discussion to demonstrate that they are actively engaging with this training.