

Join us at one of the largest gatherings of stroke survivors in the UK and take action on stroke

- Have your say on stroke and influence future campaigns
- Hear latest developments in stroke care and research
- Meet other people in a similar situation to you
- Share your own experiences and help others in their recovery.

Comments from past attendees:

‘It was so helpful to be together, hear positive experiences and to be encouraged by others who understand and who have experienced a ‘life changing’ stroke.’

‘I met so many interesting people all with a resilient attitude to life.’

‘Really pleased I attended. It gave me back my self – confidence and feeling good and physiologically and spiritually.’

‘Knowing you are not alone is really important.’

